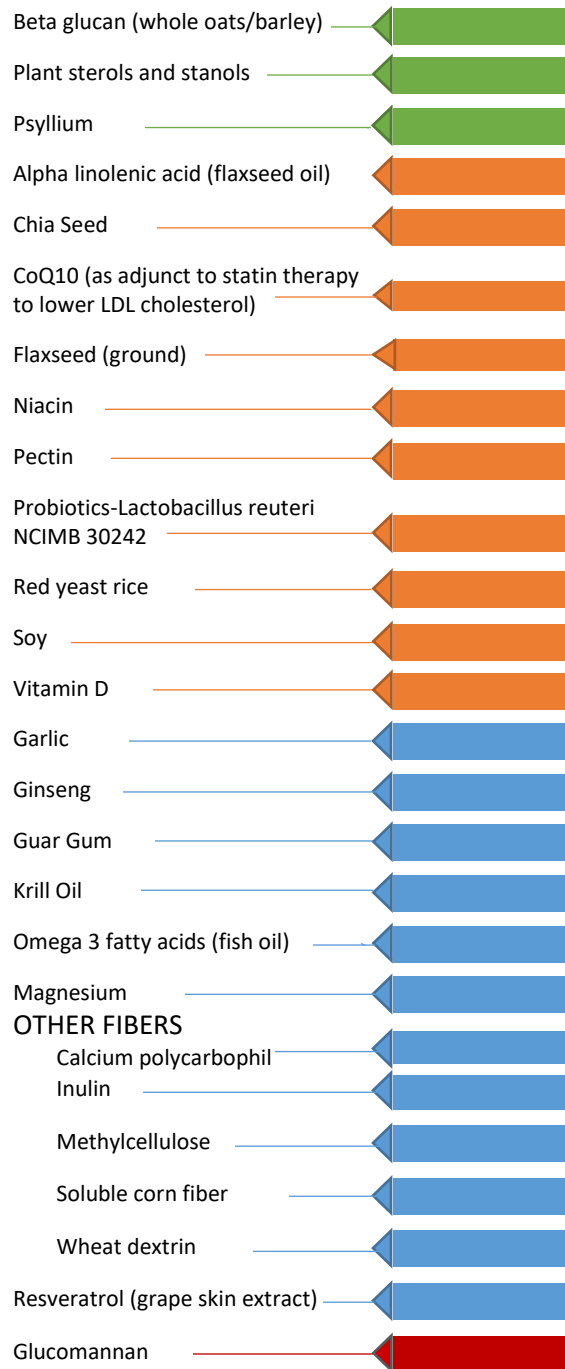
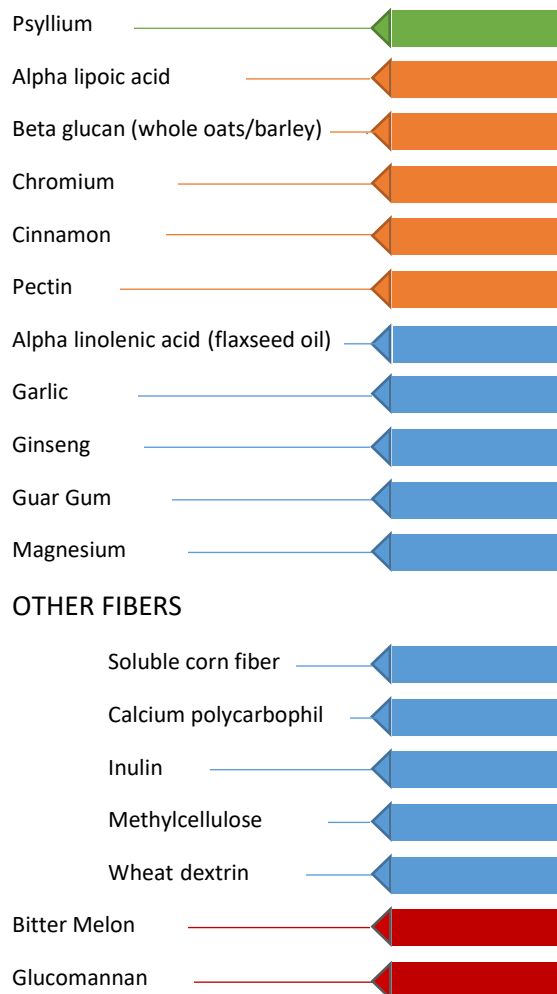


Supplements to Help Manage Total Cholesterol, LDL, and HDL



Supplements to Help Lower Blood Sugar



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Recommended: Several well-designed studies in humans have shown positive benefit. Our team is confident about its therapeutic potential.

Recommended with Caution: Preliminary studies suggest some benefit. Future trials are needed before we can make a stronger recommendation.

Not Recommended-Evidence: Our team does not recommend this product because clinical trials to date suggest little to no benefit.

Not Recommended-High Risk: Our team recommends against using this product because clinical trials suggest substantial risk is greater than the benefit.