Pizza Hut

Medium Hand Tossed Slices (per slice)

	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Backyard chicken BBQ chicken	220	3	390	31	2	10
Hawaiian Chicken	200	3	440	27	2	10
Cheese	210	3.5	390	26	2	10
Veggie Lovers	200	3	390	27	2	8
Medium Thin 'N crispy (per slice)						
Backyard BBQ chicken	210	3	440	27	1	10
Cheese	190	4	440	22	2	10
Hawaiian chicken	180	3	480	24	2	10
Veggie Lovers	180	3	420	24	2	8
Sauce-Medium Hand Tossed (per slice)						
Barbeque Pizza Sauce	10	0	30	3	0	0
Creamy Garlic Parmesan Pizza Sauce	20	0	60	0	0	0
Classic Marinara Pizza Sauce	10	0	75	2	0	0
Toppings-Medium Hand Tossed (per slice)						
Diced Roma Tomatoes	0	0	0	0	0	0
Fresh Green Bell Peppers	0	0	0	0	0	0
Fresh Mushroom	0	0	0	0	0	0
Fresh Red Onions	0	0	0	1	0	0
Green Chile Peppers	0	0	0	0	0	0
Roasted Spinach	10	0	15	0	0	0
Sweet Pineapple	10	0	0	2	0	0

Crust Medium (per slice)

	Calories	Saturated fat	Sodium	Carbohydrates	Fiber	Protein
Hand tossed	120	0	135	22	1	4
Thin 'N Crispy	100	0	170	19	0	3
Salad (without dressing)						
Classic Caesar Salad	180	1.5	440	24	4	7
Side Classic Caesar Salad	110	1.5	270	12	2	5
Garden Salad	210	2	420	31	4	7
Side Garden Salad	120	1.5	240	17	3	5
Dipping sauces						
Marinara Dipping cup 2 oz.	30	0	190	6	1	0
Sides						
Baked Bone Out Wing (1)	60	0	180	4	0	5
Baked Mozzarella Cheese Stick (1)	80	1.5	135	6	0	3
Breadsticks	140	1	260	19	1	4

Winter 2020